



# Annual Performance Report

## 2023 – 2024

### Easy Read Version





There may be some words you don't know in the document. When you see them for the first time they will be in **bold**.

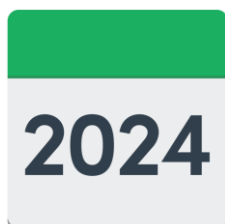
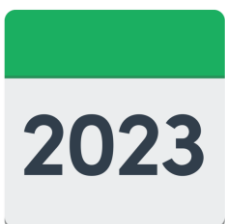
There is a word list with the meanings of these new words at the end of the document.



This Easy Read document is about **Fife Health and Social Care Partnership's Annual Performance Report**.



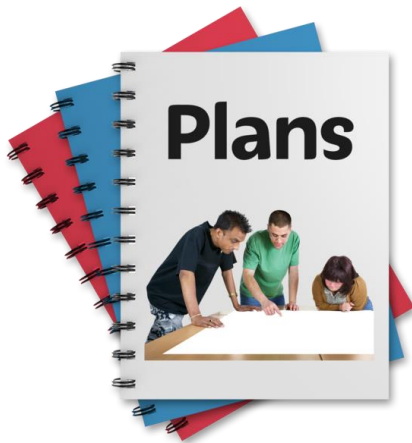
An **annual performance report** tells us about the good things that an organisation has done over the last year.



This annual report is for 2023 to 2024.



This **annual performance report** is linked to our **strategic plan**.



A **strategic plan** is a document which sets out what the Partnership wants to do over a few years.



The purpose of our **strategic plan** is to help the people of Fife to be able to live independent and healthier lives.

Usually our plans go well and we do improve our health and social care services.



Sometimes changes might take longer because our staff are working on other things.

For example the coronavirus pandemic and the **cost-of-living crisis** have both changed the way that we do things.



More than 374,000 people live in Fife.

Over time the number of older people living in Fife will increase.



Fife is divided into 7 areas. These are called localities.

The 7 localities are:

1. Cowdenbeath/Lochgelly
2. Dunfermline
3. Glenrothes
4. Kirkcaldy
5. Levenmouth
6. North East Fife
7. South West Fife



Each locality decides which services are most important to them. Everyone has a chance to get involved.

Locality teams work hard to support the people who live there.



The **Integration Joint Board** makes decisions for the Health and Social Care Partnership.

The person who leads **Fife Integration Joint Board** is Arlene Wood.

**Fife Integration Joint Board** also includes people from:

- Fife Council
- NHS Fife
- other local care providers
- members of the public



Fiona McKay is the Chief Officer of **Fife Integration Joint Board**. Fiona is also the Director of Health and Social Care.

Fiona leads the **Senior Leadership Team** to deliver services across Fife.

The **Senior Leadership Team** oversee the daily working of the Partnership.

They are all experts in different areas and lead teams with specialist skills.







We want to improve health and social care services for the people of Fife.

Over the last year we have worked with lots of different people to do this.



Fife Health and Social Care Partnership includes employees from:

- Fife Council
- NHS Fife
- voluntary sector
- other local care providers



They work together to deliver services.

This is known as health and social care **integration**.



The next pages include some of the good things that we have done in the last year.



## Local

We want Fife to be a place where people and communities thrive.

These are some of the **Local** things we have done over the last year.



The Well provides help and support for people. We have 13 places in Fife where you can visit the Well.

You can also phone or email the Well if you want to talk to someone.



We have set up a **Community Chest Fund** for unpaid carers. This provides money for community projects that can help carers feel better.



Playlist for Life helps people with **dementia**. People collect a list of tunes that are important to them. Listening to these tunes helps them feel calmer and happier.



## Sustainable

We want our services to work well and be inclusive.

These are some of the **Sustainable** things we have done over the last year.



Our **Hospital at Home Service** has visited more people at home to give them medicines. This means that people don't need to travel to hospital for their treatments.



We have changed how we buy **podiatry products**.

Podiatry means foot care. Products means special shoes and foot supports.

People with the new shoes and foot supports need less appointments.



Using pictures in coaching sessions has helped more young people get involved in sports. The pictures make it easier for people to understand the instructions.





## Wellbeing

We want services in Fife to act quickly to support people.

These are some of the things we have done to improve **Wellbeing** in the last year.



We have set up new online services to help people with speech and language. This includes difficulties with swallowing or eating and drinking.

This has helped people find good advice when they need it.



Our Shared Lives Carers Group provides support and short breaks for carers. This includes coffee afternoons and a trip to a local pantomime.



We have set up a Parent Advice Line. This means parents can phone someone for advice when they need help.

Parents liked the new service.



## Outcomes

We want Fife to be somewhere that promotes dignity, equality and independence.

These are some of the **Outcomes** from this year.



The guidance we share online for child and young people has been updated. This has helped their mental health and wellbeing.

We have also reduced the time people need to wait for appointments.



New seats have helped some people when they go home from hospital. People can use the seats at home instead of having to stay in bed.

This helps them to get better quicker.



**Hospital discharge** is when someone leaves hospital and can go home.

We have improved our hospital discharge process. This means that people can go home from the hospital sooner.

## Integration



We want Fife to be somewhere people and services work together.

We want people to have access to quality services.

These are some of the examples of **Integration** from over the last year.



We set up a new Wellbeing Service. This service is for adults who think differently. Some people call this neurodivergence.

The Wellbeing Service helps people feel less stressed. It helps them feel better.



Every year our staff complete a survey about their jobs and working together. This year more staff filled in the survey.

More staff also said they liked working for Fife Health and Social Care Partnership.



We have created a new website for Fife Health and Social Care Partnership.

The new website is easier to use and has more photos and videos. People can change the text so that it is easier for them to read.



An **inspection** is when people come to look at what is good and what is not good about a service.

Last year there were 128 **inspections** of services for adults in Fife.



The inspectors said that 67 of these services were graded as good or very good.

The inspectors said 8 of the care services could be improved.

We will work to improve these services over the next year.



In 2023 there was an audit in Fife. An audit checks if something is working properly. This audit was about **adult support and protection**.

Adult support helps adults who need extra care and assistance.

Adult protection keeps vulnerable adults safe from harm.



The results of this audit were good. Most of the things that were checked were working properly.



Health and social care services are responsible for making the best use of the money they have. These are called **budgets**.



Our **budget** shows the amount of money we have and the things that we need to buy.

It also shows where we need to make savings on spending.

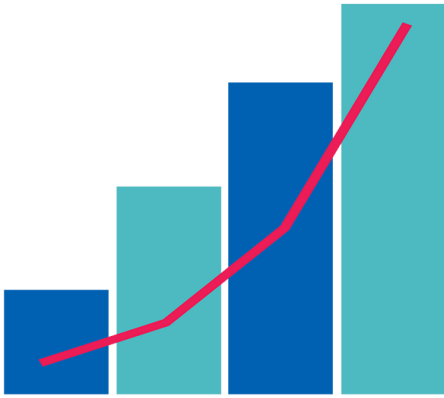


Over the last year we have watched our budget very closely. This has helped us to keep delivering good health and social care services.



We will keep measuring our budgets closely over the next few years. This will help us to manage our services well in the future.





The Scottish Government has a set of **national performance indicators**.

These can be used to measure Fife's performance.

Areas where Fife is performing well include:

- the number of adults who can look after their own health
- the number of adults who can live at home independently
- the number of carers who feel supported in their caring role
- the number of days people stay in hospital when they are ready to go home.



Areas where we still have work to do include:

- giving people choices about how their care is provided
- the number of older people who have a fall
- going to hospital in an emergency



**Fife Health  
& Social Care  
Partnership**



Supporting the people of Fife together

You can find out more on our website:  
[www.fifehealthandsocialcare.org](http://www.fifehealthandsocialcare.org)

## What the words mean.

<b>Adult support and protection</b>	<p>Adult support helps adults who need extra care and assistance.</p> <p>Adult protection keeps vulnerable adults safe from harm.</p>
<b>Annual Performance Report</b>	An update on the things that an organisation has done over the last year.
<b>Budget</b>	The money you have to spend on the things you need.
<b>Community Chest Fund</b>	This is a large pot of money which is used to support community projects for unpaid carers.
<b>Cost-of-living crisis</b>	When the amount you have to pay for the things you need keeps going up.
<b>Dementia</b>	<p>Dementia is a condition that affects the brain.</p> <p>Dementia makes it hard for people to remember, think, or make decisions</p>
<b>Health and Social Care Partnership</b>	When the local council and local NHS work together to deliver services.
<b>Hospital at Home</b>	<p>Hospital at Home provides medical care at a person's home. It gives care that people usually get in a hospital.</p> <p>The care is for a short time. It focuses on a specific health problem.</p>
<b>Hospital discharge</b>	When someone leaves hospital and can go home.
<b>Inspection</b>	An inspection is when people come to look at what is good and what is not good about a service.

## What the words mean.

<b>Integration</b>	Working together to deliver health and social care services.
<b>Integration Joint Board</b>	The Integration Joint Board makes decisions for the Health and Social Care Partnership.
<b>National performance indicators</b>	How we measure the things that are important for people's care.
<b>Podiatry products</b>	Podiatry means foot care. Products means special shoes and foot supports.
<b>Process</b>	A list of steps that you take to provide good services.
<b>Senior Leadership Team</b>	The people who make sure that the Partnership does a good job.
<b>Strategic Plan</b>	The things that an organisation wants to do over a few years.
<b>Outcomes</b>	Something that you want to happen at the end of an activity.